

***“Paul’s Big Secret”***

Study Guide

1. **Read Philippians 4:10-12.** Can you recall a time when you were content even though you had do without? Why were you content? What made up for the things you lacked?
2. **Read Philippians 4:4-6.** How is this a recipe for contentment? What do you think is the main ingredient?
3. **Read Philippians 3:12-14.** What do you think Paul means when he says that he has taken ***“hold of that for which Christ Jesus took hold of me”***? How would doing the same add to our contentment?