

Be Lifted UP

Study Guide

1. Have you ever had negative experience that led you to make a positive change?
2. **Read Matthew 28:18-20**. What are the two assurances that Jesus gives? What are the three commands he gives?
3. Of the three commands Jesus gives his disciples in **Matthew 28:18-20,** which one to you find the most important? Which is the most daunting? Do Jesus’ assurances help your uneasiness? How would you have to change to carry out Jesus’ commands?