

Owning Our Desires

STUDY GUIDE

1. **Read James 4:4-3.** What other kinds of suffering can come from the conflict of desires? Can we have conflicting desires within ourselves?
2. **Read Luke 11:5-13.** What does this passage tell us about God’s willingness to address our desires? Based on this passage, how should we approach God with our desires?
3. **Read Psalm**  **37:3-4.** What four things does the Psalmist say we should do in order to receive from God the “desires of your heart”?