

Navigating Social Media:

***“Issues with Self-Esteem”***

1. In the world’s view, our Self-Esteem = Performance + Other’s Opinions. What are the pitfalls of measuring our self-worth this way?
2. God tells us that our self-worth begins with his declarations about us. **Read Psalm 139:1-18.** Find at least three declarations about us that tell how special we are to God.
3. **Read Philippians 4:8.** What does Paul’s admonition tell us about our role us as “image bearers” of God?