

***“Through the Darkness”***

STUDY GUIDE

1. Think of some courageous people and the acts they accomplished. What inspired them to their acts of courage?
2. **Read Acts 27:24.** Have you ever done a thing on faith that inspired others to come along with you?
3. **Read Matthew 26:26-29.** How is this sacrament of Holy Communion a sacrament of courage? What elements of courage are represented there?
4. What is one area of your life where you would ask God to give you more courage?